

HÁBITOS SALUDABLES EN LA *mañana*

Read the infographic and answer the following questions. Submit when finished.

1. What is the purpose of this infographic?
2. In Spanish, write three questions you might ask someone about their morning habits.
3. In Spanish, write as much as you can about what you agree with on this infographic or what you disagree with and why.

Bebe un vaso de agua tibia con limón en ayunas



Mueve tu cuerpo: camina, baila, haz yoga...



Come un desayuno saludable



Sé positivo

